



Sample 7-Day Travel Itinerary for Exploring Shikoku

From Takamatsu Airport or Kansai International Airport

DAY 1

Otsuka Museum of Art

大塚国際美術館

Step into Japan's largest exhibition space, showcasing over 1,000 meticulously crafted ceramic reproductions of Western masterpieces, from ancient frescoes to modern art.

2



Takamatsu Station / Tokushima Station
Get All Shikoku Rail Pass 7-day



1

Naruto Whirlpools

鳴門の渦潮

Witness the mesmerizing natural phenomenon of the Naruto Whirlpools, where tidal currents create dramatic whirlpools in the Naruto Strait.



Tokushima Ramen

徳島ラーメン



3

Awaodori Kaikan & Bizan Ropeway

阿波おどり会館&あわぎん眉山ロープウェイ

Experience the vibrant spirit of Tokushima's Awa Odori dance at the Awaodori Kaikan, where daily performances and exhibits bring this traditional festival to life. Then, take the Bizan Ropeway for a scenic ride to the summit of Mount Bizan, offering breathtaking panoramic views of the city and surrounding landscapes.



4

Kazurabashi

かずら橋

Cross the thrilling vine bridges suspended over the lush Iya Valley, a testament to ancient Japanese ingenuity.



DAY 2



5

Oboke Gorge

大歩危峽

Take a boat ride through this stunning gorge, marveling at the dramatic rock formations and crystal-clear waters.



Iya Soba

祖谷そば



7

Hirome Market

ひろめ市場

Explore Hirome Market's vibrant food stalls and savor Katsuo Tataki, a local favorite featuring seared bonito slices with a zesty citrus soy sauce.



8

Shimanto River

四万十川

The Shimanto River, Shikoku's longest at 196 km, is celebrated as Japan's "last clear stream," famed for pristine waters, chinkabashi bridges, and if you're exploring Nakamura in Shimanto, several excellent spots serve eel and regional cuisine.



Katsuo Tataki

カツオのたたき



DAY 4



Matsuyama Castle

松山城

Discover one of Japan's twelve original castles, perched atop Mount Katsuyama, offering fantastic views and historical insights.

10



Dogo Onsen

道後温泉

Relax in one of Japan's oldest and most famous hot springs, believed to have inspired the bathhouse in Studio Ghibli's "Spirited Away."

11

Tai Meshi

鯛飯



DAY 6



Shodoshima Angel Road

エンジェルロード

A mysterious sandy road that appears during low tide. It is said that if you cross hand in hand with your loved ones, your wish will come true.

13

DAY 5



Ritsurin Garden

栗林公園

Stroll through one of Japan's most exquisite strolling gardens, showcasing seasonal beauty and meticulous landscaping.

12

Sanuki Udon

讃岐うどん



14

Shodoshima Olive Park

小豆島オリーブ公園

Explore Olive Park's serene olive groves and discover the iconic windmill, reminiscent of the enchanting scenery from the "Kiki's Delivery Service" anime.



Olive Beef

オリーブビーフ



DAY 7~



Kotohira Gu Shrine

金刀比羅宮

Climb the 785 steps to reach this famous shrine, dedicated to sailors and seafaring, and enjoy panoramic views of the town below.

15

Manno Park

まんのう公園

Experience the beauty of Sanuki Manno Park with its seasonal flowers, creating a vibrant tapestry of colors that enchants visitors throughout the year.

16

17



Chichibugahama Beach

父母ヶ浜

Discover serenity at Chichibugahama Beach, where the sun sets over the tranquil shores, creating a breathtaking mirror effect on the shallow waters.



The Perfect 7-Day Shikoku Japan Itinerary on YouTube

This model route also works with Self-Drive. See more about "Drive Shikoku"

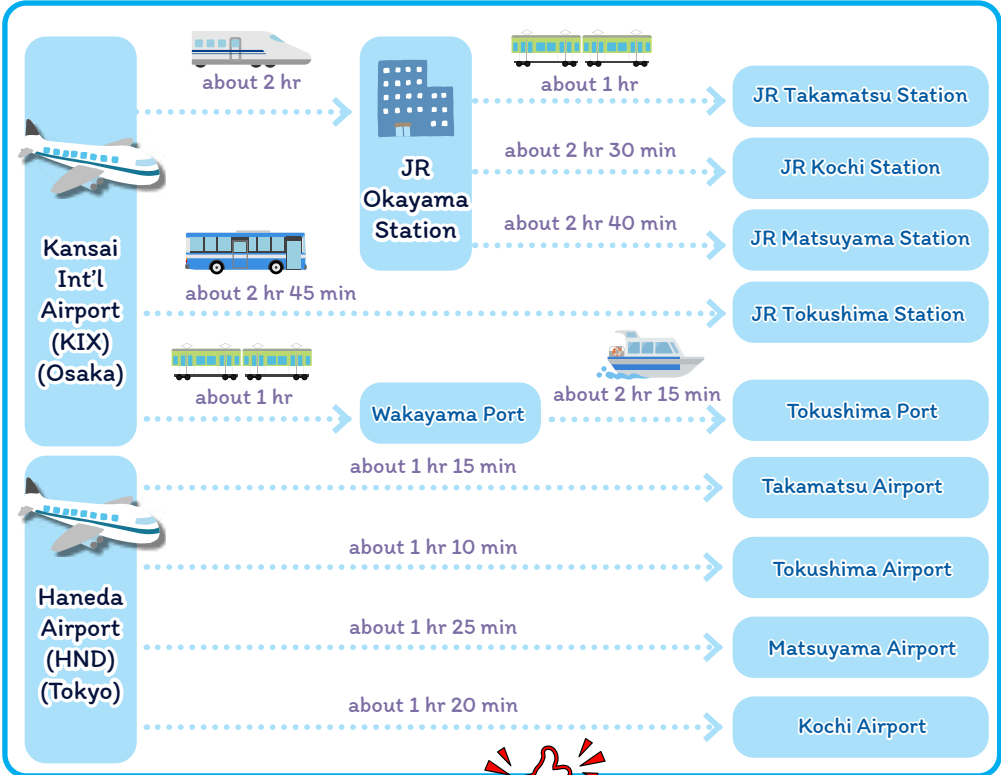


Shikoku Travel Calendar

Fruit season 🍊 = Orange 🍓 = Strawberry 🍍 = Pear 🍇 = Grape 🍋 = Yuzu 🍑 = Peach

Month	Avg Temp	Major Events & Festivals	Budget	Travel Pros & Cons	Fruit season
Jan	5-10°C	● Hatsumode (New Year Shrine Visits) ● Ski(until Feb)	\$	📍 Less crowded, beautiful winter scenery ⚠️ Because of snow, self-drive with care	🍊 🍓
Feb	6-11°C	● Plum Blossoms ● Winter Landscapes	\$	📍 Low travel costs, mild winter ⚠️ Because of snow, self-drive with care	🍊 🍓
Mar	9-15°C	● Shikoku Pilgrimage peak (until May) ● Cherry Blossoms(Late Mar~)	\$\$	📍 Start of cherry blossoms, mild weather ⚠️ Can be unpredictable with rain	🍊 🍓
Apr	12-18°C	● Full Cherry Blossoms, Wisteria	\$\$\$-\$\$\$\$	📍 Best time for flower lovers ⚠️ Higher travel costs due to peak season	🍓
May	16-22°C	● Golden Week (high travel demand) ● Fresh Greenery	\$\$\$-\$\$\$\$	📍 Great for hiking & sightseeing, Lush landscapes ⚠️ Expensive during Golden Week	
Jun	19-25°C	● Hydrangeas, Irises	\$	📍 Lush greenery, fewer tourists ⚠️ Rainy season starts	
Jul	24-30°C	● Ishizuchi Mountain Opening ● Uwajima Ushioni Festival (Jul 22-24) ● Sunflowers	\$\$	📍 Summer festivals, Beach season starts ⚠️ Hot and humid, occasional typhoons	🍑
Aug	26-32°C	● Kochi Yosakoi Festival (Aug 9-12) ● Tokushima Awa Odori (Aug12-15)	\$\$\$	📍 Summer festivals, Lively atmosphere ⚠️ Very hot and humid, highest travel costs	🍍 🍇
Sep	22-28°C	● Red Spider Lilies	\$	📍 Summer heat fades ⚠️ Possible typhoons	🍍 🍇
Oct	15-23°C	● Shikoku Pilgrimage peak (until Nov) ● Saijo Festival (Oct 14-17) ● Niihama Taiko Festival (Oct 16-18) ● Autumn Leaves(Mountains Area)	\$\$	📍 Great for hiking & sightseeing autumn leaves ⚠️ Some festivals have large crowds	🍇
Nov	10-18°C	● Autumn Leaves ● Best time to see Niyodo Blue(until Feb)	\$\$\$	📍 Best for hiking and temple touring, stunning autumn leaves ⚠️ Quite expensive and crowded	🍋
Dec	5-12°C	● Autumn Leaves ● Winter Illumination Events, Year-end market	\$\$\$-\$\$\$\$	📍 Beautiful illuminations, quiet travel experience ⚠️ Some tourist attractions may have limited hours	🍋

ACCESS TO SHIKOKU



ALL SHIKOKU Rail Pass Pricing

	3-day	7-day
Price	12,000 yen	20,000 yen

*Children aged 6-11 are charged at half the adult price.

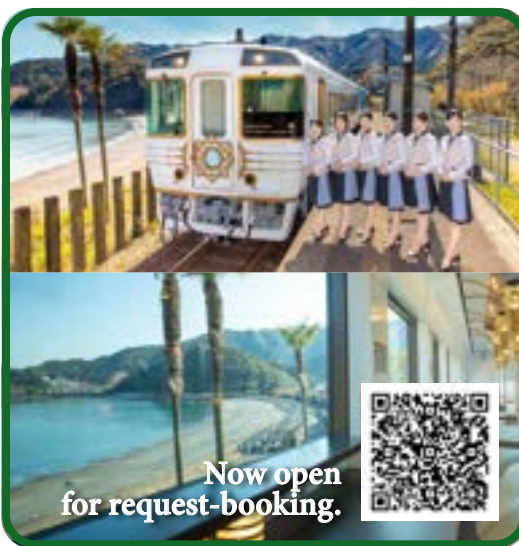


All Shikoku Rail Pass

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Tourist trains in Shikoku



Now open for request-booking.

LET'S GO SHIKOKU JAPAN

To Shikoku in No Time!

- 2 Hours by Train from Osaka
- 1.5 Hours by Air from Tokyo

JR SHIKOKU

Map of Shikoku: Shows major cities (Hiroshima, Matsuyama, Kochi, Tokushima, Takamatsu, etc.) and train routes. Includes a compass rose and a small map of Japan.

Scenic Photos:

- Traditional Japanese building at night.
- Autumn foliage and a boat on a lake.
- White train with passengers.
- Historical castle tower.
- Large suspension bridge.
- Traditional Japanese food (sushi, ramen).